

Pure Protein Hydro-6 IGF-1 is tested by one of the most motivated and disciplined sportsmen and supreme athletes in the world to achieve and maintain a formidable combination of power, size and speed.

LATEST TEST STATS:

HEIGHT	194cm
WEIGHT	107kg
POWER CLEAN	135kg
DEAD LIFT	240kg
BENCH PRESS	180kg
100M SPRINT	10.7 sec
BODY FAT	6%

Pure Pro



THE NEXT LEVEL OF SUPREME PROTEIN SYNTHESIS

THE ULTIMATE COMPOSITION OF THE MOST UP-TO-DATE SCIENTIFIC FINDINGS IN MUSCULAR DEVELOPMENT, PROTEIN SYNTHESIS AND AMINO ACID UTILISATION.



- PER 2 SCOOPS**
- 6-STAGE TIME RELEASE SYSTEM**
Includes Whey Protein Hydrolysate & Isolate and other milk proteins **40g PROTEIN**
- TOTAL FAT CONTENT**
Includes Medium Chain Triglycerides (MCTs) as premium energy source. Does not store as body fat. **2.2g FAT**
- BRANCH CHAIN AMINO ACIDS**
L-Leucine, L-Isoleucine, L-Valine. Essential amino acids to prevent muscle tissue breakdown, increase endurance performance and delay fatigue. **8.4g BCAAs**
- GLUTAMINE**
Muscle building amino acid to repair damaged tissue, transport nitrogen and increase strength. **7.3g GLUTAMINE & PRECURSORS**
- HYPER ABSORBABLE WHEY PROTEIN HYDROLYSATE**

- WHEY PROTEIN HYDROLYSATE**
A partially pre-digested protein (via enzymatic action) that yields ultra-low-molecular-weight di- and tri-peptides which are absorbed into the bloodstream bypassing the normal digestive process.
- WHEY PROTEIN ISOLATE**
The purest and most bio-available source of protein with a high digestibility score, ultra low carbs and virtually free from lactose. A perfect amino acid profile and high in muscle building BCAAs.
- WHEY PROTEIN CONCENTRATE**
Stimulates glucose uptake, reduces insulin levels and regulates blood sugar, all of which combined, helps reduce body fat and build lean muscle. It also ups glutathione (antioxidant) production due to its abundance in cysteine.
- MILK PROTEIN CONCENTRATE**
A complete medium uptake protein ensures sustained amino acid delivery to keep the body in an anabolic state for up to 3 hours.
- NATURAL COLOSTRUM IGF-1**
IGF-1 helps restore and maintain muscle and bone mass, amongst others. Colostrum has further been shown to reverse the decreases in the function of immune cells that accompanies intense exercise.

The inclusion of rapid absorption Hydrolyzed Whey Protein, the complete exclusion of Soy Protein Isolate and the addition of rapid uptake free-form amino acids makes this the most versatile multi-functional protein supplement available.

NEW PURE PROTEIN HYDRO-6 IGF-1

- 1 MUSCLE RECOVERY**
Increase the speed at which your body recovers during and after exercise and maximise the rate at which your body adapts for better and faster results.
- 2 MUSCLE BUILDING**
Feed your exercised and damaged muscle fibres with essential amino acids. Premium protein sources taken immediately after exercise will help your muscles adapt to exercise by gaining size and strength.
- 3 DECREASE BODY FAT**
The precision engineered composition of this protein is being digested over time which helps increase the metabolism that assists in the systematic reduction of body fat and also positively stimulates numerous hormonal functions.

